SPJ SADHANA SCHOOL

Staff 1975

IIP Evolving.....

Take a trip down memory lane!

Over 2 decades ago, a few adventurous and dedicated educators stepped out with their very

special protégés. The destination was a Toy Train ride and a verdant 'Forest on top' -

Matheran.

Many roller coaster rides later, the student teacher saga continues. But why intensive and

why integrated? So many trips, so much learning; so many skill-sets explored, social

understanding, academic achievements, and even to date idiosyncrasies. Is that intensive and

integrated? Strip away the trappings layer by layer and bare the core. What is left is the

bonding of the two, unfailing and intense withstanding all the add-ons of academia

technology and what have you. A single word comes to the mind 'Trust'. In the whirlwind

romance, the infant, the junior, the adolescent, firmly anchored searching and always finding

that familiar face, encouraged to explore new experiences, safe in the knowledge that come

danger their mentor will quickly reel them in. And through the eyes of the young, the mentor

rejuvenates. The ever wondering and ever fresh look of the youngster is the greatest balm to

the jaded onslaught of adult daily life.

Through the years at every turn there has been a lesson and every crossroad, a dilemma. But

none have ever daunted this partnership, intensive, integrated and sealed by the unbreakable

bond-Trust.

UPDATES FOR MARCH & APRIL 2019

EVENTS

A two Day International Conference on Literacy Instruction on 4th & 5th March 2019 an initiative by the Maharashtra Dyslexia Associated was attended by Ms. Simida Correia, Ms. Anam Nagani and Ms. Jasmine Pandya. The 'READ' program dealt extensively with literacy, the problems to be faced and assistive solutions.



On 13th March 2019, the second year GNM students of the B. D. Petit Parsee General Hospital visited SPJ Sadhana School as part of their curriculum. They were oriented by Ms. Kashmira Vazifdar.

On 14th March 2019, representatives of the Bodhi Tree Media visited the School for an Orientation to help them in their production 'Mannat' a TV serial about ASD. They sought the school's expertise and guidance for an authentic portrayal of students with ASD.

10 Students of the College of Social Work Nirmala Niketan visited SPJ Sadhana School on 22nd March 2019, for an orientation as part of their course on Basic Counselling Skills. Our school counsellor, Ms. Kashmira Vazifdar oriented the students with an overview of SPJ Sadhana's programme.

One of the highlights of the 5 year Vocational Course of the visual Arts & Craft department and the work world Skills department was the Fashion Show 'VARNAM' which was held on 27th March 2019. The word 'VARNAM' was selected by the Principal Ms. Fionika Sanghvi as it signifies the union of colours and devotion. The colours representative of the different facets of the students and devotion a telling of their vision of life. The event was designed by Ms. Krishna Mehta one of the India's leading Fashion Designer & presented by Ms. Rakshanda Khan. Krishna Mehta's exclusive designs were ably crafted by the Visual Arts department which painted, embroidered and embellished the haute couture provided by her. The Work World Skills supported the styling by creating all the add-ons necessary to present the distinctive look that was envisioned by the designer. The parents and the invitees were enthralled by the students and the Models through the entire evening. Ms. Shefali Jain & Ms. Seema Mehta internationally renowned Kathak dancers performed at the event. The whole event was greatly appreciated and served as an Eye opener for the parents and guests alike.

Dr. Rosendo Ribeiro Children's Complex, Sophia College Campus, B. Desai Road, Mumbai 400026

27th March 2019 – Fashion show 'VARNAM'



From 8th to 11th April 2019, the Orientation Week was once again held at SPJ Sadhana School, the Principal Ms. Fionika Sanghvi organized different activities for the students. The first event which delighted the students was an Animal therapy. A Labrador, Pepe, from Animal Angels Foundation, accompanied by Mr. Aakash Lonkar was a centre of attraction for them. The encounter served the students as a focal point to demonstrate their affection and overcome their fears. The gentleness of the dog persuaded the youngsters to take a step into an unknown world in spite of their fear and succeeded in increasing their confident in themselves. The Formative Years accompanied by their Coordinator and Teachers visited "RUSH" an Indoor Playhouse where the students participated in play which enhanced perception, gross motor skills and body-coordination. It was a fun filled outing for the students. intermediate school visited N D Studio in Karjat. The exercise raised their social skills while they explored the intricacies of the movie world. It was an extremely educative and fun-filled trip. The Deutsche Bank in continuance of their CSR activities held a sports event for the entire day in school where all the three departments participated. Ms. Smita Kharbanda of 'Ecokids' conducted a workshop – 'Green Planet Happy Planet' under the auspices of the PTA. Ms. Kharbanda is an avid nature lover and conducted a pro-active event with the students to instil green habits to nurture and protect the environment. An Eye Camp was also conducted by Dr. Kulen Kothari and Dr. Pankaj Parikh who did medical check-ups. The whole Orientation week was an affective summation to the year gone by.

8th to 11th April – Orientation Week



EXTERNAL EVENTS

On 6th March 2019, Rimsha Shaikh, Sayali Shirsat, Kimberly Nunes and Sayali Jadhav were invited to participate in the 'Budding Chef' contest held by the AWMH Maharashtra. Kimberly and Sayali Jadhav were awarded Certificates for the most innovative dish and Rimsha and Sayali Shirsat were given Certificates of Participation.





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INTENSIVE INTEGRATION PROGRAMME (IIP)

6th & 7th March 2019, Grade IV visited Govardhan Eco Village, Palghar. The students were exposed to rustic living and enjoyed their time amongst the animal and the open spaces.



The vocational training department visited Darjeeling and Gangtok from 12th to 16th April 2019. The students visited many natural, religious and historical sites by way of long treks. The highlight was a ride in the mountain railway which boasts a steam engine. The students were exposed for the first time to such tremendous height and rugged terrain but they took it all in their stride.



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OUT REACH

The Principal Ms. Fionika Sanghvi with Co-ordinaters Ms. Kashmira Vazifdar and Ms. Tejal Kothari were invited by Ms. Vabiz Pestonjamasp to visit **Divya Vividhyalay a rural boarding special school at Jawhar, Palghar on 9th March 2019**. The school shelters and educates 120 special children and needs assistance with their vocational set-up. Our Principal and the two coordinators were very happy to lend a helping hand as development of vocational skills and sustainable livelihoods are high on of SPJ Sadhana's domain expertise. "Three cheers for our School".



SPORTS

On **4th March 2019**, Office Procedure Class students, Hamza Kachhwala and Nikunj Shah attended a **Talent Tour for Superstar Wrestler The WWE Tag Team** - The New Day and a Cricket Exhibition Match which was organized by the Special Olympics global partner WWE.





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In March, Special Olympics World Games Abu Dhabi 2019, were a very happy and eventful occasion for SPJ Sadhana School. Three students Pooja Vira, Aparmita Siñgh and Pooja Patel had represented the country in open water swimming and track events. We are proud to say that Pooja Vira won the Gold and Silver medals for the 800 and the 1500 metres in swimming and Aparmita took Sixth place in 200 metres Run. Congratulations girls on your brilliant performance.





TRAINING PROGRAMME

From 11th to 15th April 2019, Ms. Snehal Shinde and Ms. Charusheela Dhotre went for training in Aquatic therapy with emphasis on Water Therapy. Since SPJ Sadhana School conducts water therapy, the additional training was a step forward.



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WORKSHOPS

On 22nd and 23rd April 2019, the staff of SPJ Sadhana attended a Capacity Building Workshop at Subhravilas at Palghar. The Workshop included various subjects and was an extremely informative event which was highly appreciated by the staff. The different subjects were presented in a very innovative way. Technology & hand on activities were used rather than formal presentation. The programme was conducted on different aspects of 'MEMORY' and how it connects us to daily life. Memory was approached from a point of view of Occupational Therapy (Visual Auditory and other basic types of Memory). Art and Dance reviewed muscle memory and art forms which affected memory. Mindfulness was taught to give an understanding how memory is formed. The day ended with a summation by the Counsellor who conducted a workshop on the entire year equation with the parents





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HONOUR LIST

On 8th March 2019, Nozer Palkhiwalla our Ex-student was Awarded "Shri Bhikhubhai C. Shah Memorial Award" as an Outstanding Mentally challenged Employee for the year 2018 by Society for the Vocational Rehabilitation of the Retarded - (S.V.R.R)





ON 24TH APRIL 2019, THE SCHOOL CLOSED FOR SUMMER VACATION!!!