



SPJ SADHANA SCHOOL

UPDATES FOR MARCH APRIL & MAY 2018

BEGININGS

On 10th April 2018, Ms. Fionika Sanghvi was appointed Principal of SPJ Sadhana School. The School hosted a Farewell Lunch for Sr. E. Gaitonde on 27th April 2018.



A Reading Programme was initiated on 16th April to coach students further in reading. The programme would be managed by Ms. Parveen Vakharia and Katy Palia and co-ordinated by Kashmira Vazifdar.

On 30th April the new **SPJ Sadhana School website** was made available with prominent details and programmes undertaken for the benefit of Special Needs – www.spjsadhanaschool.org

CELEBRATIONS

Holi was celebrated on the 1st of March with various colourful expressions of art and craft by the students across school. They also had a field day using environmental friendly and natural colours to 'decorate' each other.



The **teachers celebrated Woman's day on 8th March**. The colour pink and witty quirks were the order of the day.

Easter, was celebrated in school on **28th March**. Creativity was in full bloom and fluffy chick, bunnies and eggs in myriad colours, set in Easter scenarios, flooded the school. The theme was rejuvenation and celebration of all life and the staff and students expressed this in various out of the box experiences.



The **70th Independence Day celebrations of Israel – 16th April** - were attended by the Principal Fionika Sanghvi and Ms. Tejal Kothari. SPJ Sadhana wishes the Israeli people the very best and is grateful for the constant support of the Israeli Consulate in Mumbai.



EVENTS

The Visual Arts Department presented a short skit on 27th March expressing 'Gratitude' to all mentors. The Assembly was a hilarious but thoughtful enactment of the theme.



The World Autism Day was marked on 2nd April 2018 and the staffs, in respect, were dressed in BLUE.

INTENSIVE INTEGRATION PROGRAMME (IIP)

The Visual Arts and Craft Department visited Trivandrum and Kanyakumari from 26th February to 2nd March 2018. The excursion was planned to study the works of famous artists, especially Raja Rao Verma and understand different Art Styles and the history behind them. The tour also included the spectacular Kuthiramolika Museum, among others and the Padmanabhapuram palace, a treasure trove of marble, ivory, stone and wooden artefacts.

A totally different scene, which had them enthralled, included the back waters', the row boats and the local festivals in the temples that keep this countryside painted in many colours and full of dance and music. Highlights of the trip were the different magic shows at the Magic Planet Theme Park. They also visited the Priyadarshini Planetarium, a first time experience for many. The trip also included visits to the Swami Vivekananda Memorial, Trivveni Sangam, the beaches of Kovalam and Shankhamugham to witness the beautiful sunrises and sunsets of Kanyakumari.



The **Work World Skills** travelled to **Amritsar and Jalandhar from 5th to 8th March 2018** as part of their IIP. The students visited the Golden Temple, where they were given special care and attention by the temple authorities. The young “foodies” were privileged guests at all their dining destinations and had a marvellous time. Durgiana Temple, Jalianwala Baug, Sada Pind and Gobindgarh Fort were some of the historical sights they saw on their journey. They had a memorable trip to the Army Base where demonstrations and exercises with the latest equipment were held for them and they took in a fascinating 7D show at Gobindgarh Fort. The bat factory and the Science Centre picqued their curiosity and interest and where a source of great fun.

On 6th March, the School visited Worli Sea-Face to see the painted elephant models. This is an initiative by celebrities from all around India to create awareness of the Indian elephant and its habitat which is on the verge of becoming an endangered species.



On 15th March, Grade III visited Snow world as part of their IIP. It was a one-time experience for most students as they enjoyed themselves in the cold.

INTERNSHIPS

On 25th April after completing their internships **Somak Jana and Nikhail Daswaney**, were given permanent employment by **SBI Life Insurance Co Ltd.**,

Ashu Anand was given an Internship by the **InterContinental Marine Drive Mumbai** on 2nd May 2018.

ORIENTATION AND OBSERVATION

From 10th to 25th April an Observation and Orientation workshop was held in **SPJ Sadhana** where funfilled activities – use of Busy Bags, Pasta Art, Trips to Hanging Garden, Origami, Badminton, Football, Cycling, Puzzle Competition, No Gas cooking, Movie, Cleanliness in the Classroom, Fancy Dress Nail Art and Tattoo - were conducted for the entire school.

The event was the first of its kind and involved the entire staff and students in shared activities. The emphasis was on values such as friendship and sharing and working in tandem. It targeted cognition, perception and social interaction for the students. It was a platform for the teachers to assess the strengths and weakness, likes and dislikes and capabilities of their students and recognize their character traits such as tenacity and flexibility. It also strengthened survival skills by bringing safety measures into prominence.



OUTREACH

On 20th March, 19 Students Nurses from Parsee General Hospital attended an orientation workshop held by Kashmir Vazifdar.

STAFF INTERACTION

4th to 6th April saw the staff of SPJ Sadhana at Mahableshwar for a Capacity Building Workshop conducted in Communication, Sexually Appropriate Behaviour and Safety of Students, Sports, Yoga and the Face Programme. The interaction was intensive but enjoyable with many activities specially “Dubsmash” which gave the staff a wide stage to display their many histrionic and creative abilities.



SPORTS

On 9th March 10 students participated in MYAS Special Olympics athletic and individual events i.e. 100mtr and Shot Put they won 2 Gold, 6 Silver & 4 Bronze medals.



On 22nd March SPJ Sadhana School participated in the SOB Maharashtra & HASBRO - Unified Sports Festival. The Fun games were conducted for the entire school with the students participating according to each gender and performance level.



From 24th to 29th March Aparmita Singh attended Special Olympics Bharat 1st Preparatory World Summer Games camp at Gurgaon, Haryana. She trained in Athletics and Shot Put.

On 9th April, 7 students attended Special Olympics Ministry of Youth and Affairs Sports State Level individual Games. They participated in Table Tennis, Badminton, Swimming and won 1 Silver and 1 Bronze Medal.

On 10th April Aparmita Singh and Sanjana Pore participated in Special Olympics Ministry of Youth Affairs and Sports – Athletics State Level. They won 1 Gold, 1 Silver and 1 Bronze Medal.

TRAINING PROGRAMME

On 10th & 11th March, Swati Seth and Charusheela Dhotre attended a Teacher's Training Programme on How Yoga can be used for the Benefit of Children with Special Needs and their Care Givers. It was held under the auspices of Kaivalyadham Yoga Institute, Lonavala.

WORKSHOPS

The Neurology Foundation in association with Berklee-Collage of Music – held the Berklee Tandon Global workshop in Music Therapy it was attended by Kashmira Vazifdar and Jasmine Sajnani on 9th and 10th March 2018. As SPJ Sadhana promotes a Holistic Education, the workshop opened a new avenue of therapy which could be incorporated.

The School Counsellor, Kashmira Vazifdar held a Counselling workshop with all parents on 12th, 13th and 15th March 2018. This was in furtherance of SPJ Sadhana's policy of working closely with parents.

On 20th March a workshop in Jewellery Design was arranged by Renu Javeri for the students of Visual Arts & Craft department. The workshop was a new venture to introduce the students to the intricacies of Designing Jewellery it was held under the auspices of SRDC (Shreeji Rajendra Diamond Classes).



A workshop in “Shopping” was conducted in School by the Math's Lab from 25th to 27th March for the entire school. The workshop was to give the students a hand on experience in handling money. The students filled their wallets, shopped for items and calculated the balance. The goal was to make them understand the value and appropriate use of money. The workshop was an extremely educative experience.



A two day trip on 13th and 14th April was undertaken to Surat to attend a workshop to Enhance the Students' Educational experience and to understand the Gem Industry. They were accompanied by Ms. Renu Javeri and Mr. Rahul Desai. The students visited Venus-Jewel Diamond Factory and Hari Krishna Exports Pvt Ltd, both eminent Diamond hubs. They were able to make connections between classroom learning and the actual functioning of the industry, in a new environment and in a different culture. The students were also appreciated and praised for their discipline and dedication. It was an effective learning experience.



16th to 20th April, Jai Vakeel Foundation and Research Centre conducted ' **Continuing Rehabilitation Education**' programme (CRE) which is recognized by the Rehabilitation Council of India. The subject was 'Managing behaviours in the classroom and home'. The programme was attended Cynthia Colaco and Cindrella Martin.

On 28th April, a one day workshop on **Developing Emotionally Competent Teachers** was held by Vijay Sonawane, Career Consultant and EQ Coach, Arrham Intelligence Institute Pvt Ltd. The workshop was attended by Fionika Sanghvi, Simida Correia, Tejal Kothari, Priya D'souza and Harsha Jaghuste.

ON 27TH APRIL THE SCHOOL CLOSED FOR SUMMER VACATION!!!